The Warrior Weekly

Bethel Regional High School

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JV girls show great teamwork at VFW tournament

by Cleo Nicolai

The Warrior JV girls basketball team on the court last weekend against Akiachak. Photo by F. Chaliak.

Last weekend on the 2nd of February to the 4th BRHS hosted the VFW tournament. The invited teams were Dillingham, Kwethluk, Aniak, Scammon Bay, Toksook Bay, Kalskag, Akiachak and Palmer.

On Thursday the girls played Akiachak. They lost but still played well. Friday in the afternoon they played against Aniak and won! The last team they played was on Saturday against Dillingham. It was a really close game, they lost by two points. But, the girls still did great in all their games and they were all so exciting to watch.

Hannah Leinberger, “During our last game against Dillingham, I guarded my friend Kalin, and it was fun because it was rough & we had a good time. Playing Dillingham was my favorite because I know some of the girls on the team. I enjoyed it a lot because we had a lot of fun and learning experiences.

Bethany Chase said, “Dillingham was my favorite team we played against because it was fun, and they had really good defense. My team and I did a really good, we’ll come back stronger than what we played.”

They’re improving more on their skills to prepare for this weekend home games! The games will be from the 10th to 11th of February.

JV Boys play in VFW tournament

by E. LaValle

BRHS JV boys basketball team get some advice from Coach Kuhne. Photo by F. Chaliak.

Last weekend, the JV boys basketball team played in the VFW tournament at the Warrior Dome. The visiting teams for this tournament were Kwethluk, Aniak, Toksook Bay, Kalskag, Dillingham, Scammon Bay, Palmer, and Akiachak. It was a really big tournament, accompanied by a really big crowd. JV team A beat JV team B and lost to Toksook Bay and Aniak. JV team B beat Kalskag and lost to JV team A and Palmer JV.

Cameron McCarr said, “ I think this weekend went pretty well, but I was wanting to watch the game between Scammon Bay and our varsity. I think I played not so good. I could’ve had better energy for sure. My favorite game was probably Scammon Bay vs. Aniak because it was a really good match up.”

Patricio Vasquez said, “This weekend went alright, we played pretty well. I think I played well, but not as well as I wanted to. I’m looking to improve. My favorite game was JV team A against Aniak because it was a fun game with a lot of pressure. Something our team needs to work on is playing under pressure.”

Elia Samuelson said, “ This weekend went pretty good because I was balling out. I had 14 points. My favorite game was the blue and gold game because I had fun with the team.”

This coming weekend, there will be more JV home games. Come and support our JV Warriors.

BRHS varsity boys play @ the Warrior Dome

by Fannie Chaliak

On February 2-4, our BRHS varsity boys played at the homebound against Palmer. During the weekend the boys won one game and lost one the other game.

Our varsity boys did their best, and they did great. Like every home games, the BRHS student section were very supportive, and also the whole crowd was enthusiastic.

I spoke to some of the boys who played last weekend. Here are their comments about their games:

Gustoff Erickson said, "I feel that the games we played are learning lessons, I will be working on my feel of my court sense and this coming weekend on February 9-11 we will be in Homer and I would like to help my team out as much as possible and do whatever I can to contribute to my team."

Madden Cockroft said, "I think we can improve on our defense. I would like to work more on passing the ball through a three two's on defense."

Our boys will be traveling to Homer this weekend. And our JV players will be having home games Good luck warriors!

BRHS Parent Teacher Conferences

Please attend on Thursday, February 16 from 3-7pm to discuss your students' progress in their courses & see examples of their work.

We look forward to seeing you there!

Twin Kusko Final Results for Archery

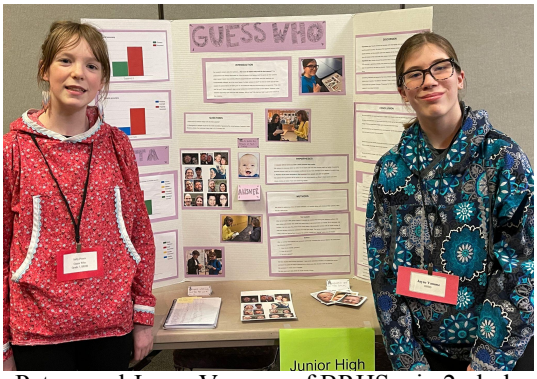
Information and photo courtesy of Rafe Johnson

Final Results:

<u>Elementary Boys</u>			
Wyatt Blanton	268	*12 bulls*	Tri Village
Liam Moore	268	*9 bulls*	Tri Village
Grayson Candill	233		Tri County
<u>Elementary Girls</u>			
Isabelle Meade	246		Tri Village
Jordyn Wood	232		Tri Village
Leah VanDyke	219		Tri Village
<u>Middle School Boys</u>			
Troy Severt	272		Tri County
Hunter Siford	270		Tri County
Dallas Grow	266		Tri Village
<u>Middle School Girls</u>			
Alinda Allen	271		Tri Village
Lillian Case	265		Tri Village
Alivia Allen	260		Tri Village
<u>HS Boys</u>			
Landen Moore	288		Tri Village
Austin Kosier	278		Tri Village
Ellis Johnson	276		Bethel
<u>HS Girls</u>			
Lana Moore	277	*12 bulls*	Tri Village
Lydia Kauffman	277	*12 bulls*	Tri Village
Elizabeth Moss	272		Tri Village

LKSD Science Fair

Photos and information courtesy of Whitney Spiehler, LKSD Instructional Coach



Sally Peters and Jayna Vanasse of BRHS win 2nd place in the JH division for their project entitled *Guess Who.*

Congratulations to all of our students on their hard work and commitment to conducting a science fair project!

Our 2023 1st place winners are:

- Primary (K-3) tied for first place
  - *Car Ramp* by Kiarah Phillip, Peyton Gutshall, & Kassi Boyscout
  - *Forces* by Tristan Evans, Matthias Gilila & Tobias Graf

  Gladys Jung Elementary School, Bethel

- Upper Elementary
  - *Snacky Puppers* by Cora Butte, Maya Iverson & Stevie Greason

  Gladys Jung Elementary School, Bethel

- Junior High & Best In Show
  - *Exercise & Heart Rate* by Karley Pavilla & Adrianna Dull

  Atmautluak

- Senior High
  - *The Boba Project* by Nick Evan

  Kwethluk

Our top winners may advance to the Alaska Science & Engineering Fair in Anchorage provided they are eligible. Thank you to everyone who helped make the fair a successful event!

Teen Dating Violence Awareness Month

By Selena Echuck

Representatives from TAAV visit the BRHS cafeteria to provide information to students.

On February 7th TAAV (teens acting against violence) came to BRHS and they had pamphlets with different kinds of information, and they also had candy and ribbons with orange to represent teen dating violence month.

According to https://www.loveisrespect.org, “Teen dating violence is more common than you think. 1 in 3 teens will experience physical, sexual, or emotional abuse from someone they’re in a relationship with before they become adults.” Here are some tips that will help you with having a healthy relationship: have strong boundaries or tell someone no if he/she is bothering you. It is okay to say no and set boundaries for yourself and for the relationship.

You should not be scared. Be strong, especially if they are doing something you don't like, or they are being violent towards you. Consent is very important in a relationship. If someone says no, don't force him/her to do something. TWC is a resource where you can go and tell them you need help. don’t be scared, there are people out their to help you if you need help.

Taav is teen acting against violence. It is a safe, fun place to go to after school. What we do at Taav is talk about various topics about anything like mental health, teen dating violence, and we also talk about what’s going on in the community.We also travel to different places for events and other things that are happening. We spend time with each other and have fun.

ANSEP 4th Week, Get Serious!

by Justine Erickson-Bradney

Drini and Vjosa Pellumbi attend class at KUC.

ANSEP students are in the fourth week of school and everyone is starting to get in a groove. More assignments are being given and finished. Students are starting to feel the pressure of this new semester. This week is when the real work begins. Students must relearn how to balance their work with other aspects of their lives.

For some students this will be one of the hardest weeks in the semester because in the first weeks it is easy to slack off due to low amounts of work. As the semester progresses the workload becomes heavier and students have to stay on top of it.

This is where everyone truly starts to see what college courses are really like, regular exams and quizzes, a workload that keeps students awake into the middle of the night, and a tremendous amount of stress. It takes a lot of determination, effort and a great approach, The ANSEP motto.

Each student will reflect and take on this change differently. Brandon Lee of Kwethluk said, “The first few weeks went by easier than I expected. There was more time to mess around ,but now we use that time for work. And lately I've been behind because I was so used to the time being wasted.”

Leah Valadez of Bethel stated, “This fourth week compared to the first week of school is definitely different. The first week everyone was settling in, whereas this week we’ve had classes for a while now and the pace is starting to pick up. For example, more homework, tests, assignments, and just the workload overall—which is to be expected this far into the semester.”

Having found her groove, AnnaLayne Ulroan of Oscarville stated, “I have noticed a difference between the first week of school and this fourth week. During the first week, it was hard for myself to focus because I was tired throughout most of the week. Now, my sleeping schedule is much better and I am able to focus on my schoolwork much better. I am also procrastinating less than the first week of school, which is very good.”

A first skeptical and exciting day

by Jahira Towner

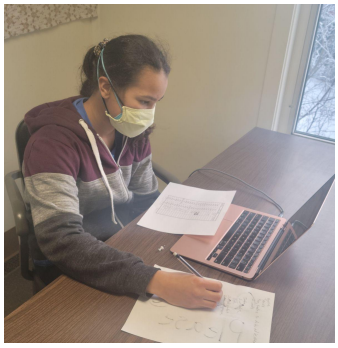
January 17, 2023 was the first day of ANSEP (Alaska Native Science and Engineering Program) for the spring semester. My first impression was how it was different from BRHS High School. There were fewer students than what I'm used to when I'm starting my day in school, and we have recitation times before class.

Recitation is the time we have to study, catch up on work, take zoom classes, or be ahead of our work. For me, on Tuesdays and Thursdays, my recitation times are from 8:30am to evening. It is very different for me, because I was used to walking in school and having a class already.

Another difference is I have two classes each day instead of 4 or 6 or 7, but we can add extra classes to our schedule. Our advisor Mr. Bernard observes how you maintain your classes in your first semester to determine whether or not you can add extras. I like that idea because they won't give us more than what we can handle at a time. Moreover, each class we take counts as a college and high school credit. It excites me because I’ve always wanted to graduate high school early so I can get a jump start in college for my major.

Furthermore, I’ve grasp how my professors operate the last two weeks, so I can maintain my grade in their classes. It helped me obtain a new study method, such as studying each unit before we actually get into the unit. It also helped me to be aware of the study methods that weren’t helpful anymore. For example, I would normally only look at the teacher’s study guide, but when I do that now it doesn’t help me as much. It made me realize giving myself extra work can help me advance more. I can say, being in ANSEP can get you out of your comfort zone, which is great due to you adapting to change, and it prepares you for adult life.

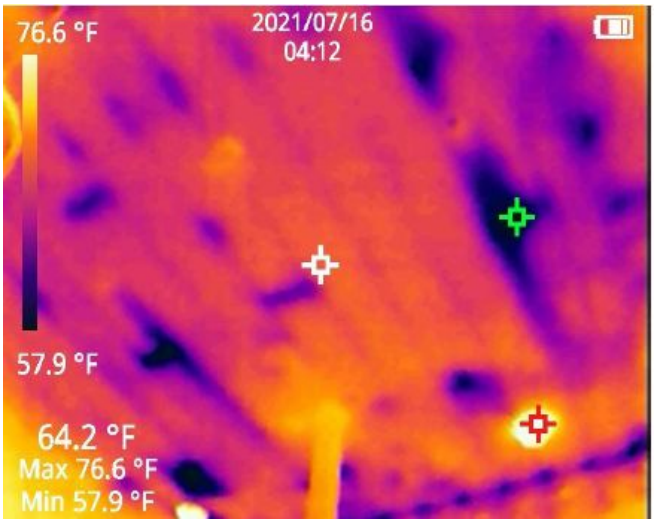
Not only have I adapted and experienced new things in ANSEP, but I was also able to meet new people and be around a few I already knew, such as Marion, Mya and Annalayne Ulroan. Annalayne stated, “ It was nice to be back in ANSEP, because I was around my friends again and met new people.” To conclude, I can’t wait until the ANSEP Celebration comes up, so I can bond more with my peers and meet others that may be related to the work field I would like to be in one day.



Justine Erickson-Bradney studies at KUC.

Upward Bound students aid Cordova community with heating assistance

by Jeremy Thatcher



An infrared photo was taken by Upward Bound Students and found that the ceiling of the Orca Lodge lobby has barely any insolation and therefore is dissipating heat.

During February 1-5th, Upward Bound students came to Cordova to help local Steve Ranney heat up a building that was built in the 1880s.

Upward Bound (UB) is a federally funded program for high school students from low-income backgrounds, who may be the first generation in their family to complete a 4-year college degree, or both. The primary objective of the program is to assist students in preparing for postsecondary education. Sydney Lincoln said, “We went there to help Steve with his energy inefficiency in his heating system.”

They went there and found the answer to a question by doing the math,” Would a heat pump be better than Diesel fuel and electricity?” The amount you would save if using a heat pump annually is $34,244.50.

The students there were split into 3 groups: Infrared, Measurement, and storytelling. The measurement group did the math, Infrared took photos of the area with a F.L.I.R camera, and Storytelling created a video for what we have done. Check this out https://www.youtube.com/watch?v=ZGxlIvoy2k0

BRHS band & choir students pitch in to raise funds this Valentine’s Day

by Audrey Jackson

Above: Taylor Demientieff, Tabitha Prince and Anna Howard help put Valentine orders together. Below: band and choir director Mr. Carlson handles the logistics of delivering hundreds of orders.

Band & Choir students have been preparing for their valentine’s day fundraiser event for the first two weeks of February. The event will be this coming Valentine's Day February 14, 2023, at Bethel Regional High School.

They stay after school to get everything ready for the big day. Senior Tabitha Prince, a band and choir student, said, “we’re fundraising so that we can travel to Unalakleet for the region band concert in April.” The students working on the project are delivering valentines to your respective classroom on Tuesday, February 14th, Valentine’s Day.

Tabitha said when asked what her favorite part of the fundraiser is, that she loves “spending time making people happy.” The band and choir group are encouraging BRHS students to support their fundraising activity.

The band is open to all BRHS students, while the choir is only for high school. They would love to have you in class next year!

The above articles were written by students in Mr. Almario Pahunang Jr.’s Broadcasting and Critical Media Literacy course.